



about Centrecare

Centrecare is a not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

Perth

456 Hay Street, Perth WA 6000
(08) 9325 6644
enquiries@centrecare.com.au

Cannington

22 Pattie Street, Cannington WA 6107
(08) 9451 1100
cannington@centrecare.com.au

Esperance

Suite 1 & 3 Radio House
8-10 William Street, Esperance WA 6450
(08) 9083 2600
esperance@centrecare.com.au

Goldfields

168 Egan Street, Kalgoorlie WA 6430
(08) 9091 1833
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Gosnells

2302-2308 Albany Highway
Gosnells WA 6110
(08) 9498 9200
gosnells@centrecare.com.au

Joondalup

First floor
85 Boas Avenue, Joondalup WA 6027
(08) 9300 7300
joondalup@centrecare.com.au

Lockridge

36 Arbon Way, Lockridge WA 6054
(08) 9378 2522
djooraminda@centrecare.com.au

Midland

U15, 53 The Crescent (Cnr Sayer St), Midland WA 6056
(08) 9325 6644
enquiries@centrecare.com.au

Mirrabooka

12 Brewer Place, Mirrabooka WA 6061
(08) 9440 0400
mirrabooka@centrecare.com.au

Southwest

103 Clarke Street, Bunbury WA 6230
(08) 9721 5177
southwest@centrecare.com.au

Victoria Square

23 - 27 Victoria Square, Perth WA 6000
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victoriasquare@centrecare.com.au



CENTRECARE
www.centrecare.com.au
ABN 98 651 609 161



CENTRECARE
"People Making Time for People"

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making contact

For more information or to make an appointment, please contact Centrecare on one of the telephone numbers below. Day and evening appointments are available in most offices.

Perth	(08) 9325 6644
Southwest	(08) 9721 5177
Esperance	(08) 9083 2600
Goldfields	(08) 9091 1833
Mirrabooka	(08) 9440 0400
Joondalup	(08) 9300 7300



CENTRECARE
"People Making Time for People"

when

you want to talk to someone

a Centrecare service for people
experiencing personal, relationship
or family problems



Life challenges impact on all of us at some point in our lives. While many issues can be resolved with the support of friends and family, there are times when counselling can be of great benefit.

It can offer you the opportunity to talk through issues, identify options, and make decisions that are right for you.



Some of these challenges can include:

- relationship changes;
- conflict;
- depression;
- low self esteem and self confidence;
- coming to terms with loss or grief;
- separation or considering separation;
- stepfamilies;
- experiencing a major change in your life;
- communication;
- gambling;
- life transitions;
- abuse issues.

If you are experiencing any of the above, then this service may be of help to you.

when...

...you want to feel better about yourself

Centrecare provides a range of services for individuals, couples and families.

Counselling

Counselling is a confidential way that individuals, couples and families can discuss any issues and concerns. Counsellors are trained to assist you with identifying options and making choices that are right for you.

Workshops

Centrecare offers a variety of workshops including:

- Dealing with stress
- Effective parenting
- Anger in families
- Self esteem
- Dealing with challenges and change, and
- Assertion skills

Childcare

Our offices do not provide child care in most instances and we do not accept responsibility for children left unsupervised. Our receptionist can answer any questions you may have regarding child care.

How long is a counselling session?

Generally, counselling sessions last 50 minutes.



CENTRE CARE

"People Making Time for People"

The photographs used in this brochure are for illustrative purposes only; they do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.

Culturally Appropriate Service

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

Is this service private and confidential?

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled. If you wish to access the information on your file, please ask the receptionist for the necessary form.

Are the staff qualified?

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, supervision and meet the requirements of the Family Law Act.

How do I provide feedback?

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Client Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

