

making contact

For more information regarding home visits or Qik Chats or to make an appointment, telephone Centrecare Mirrabooka on (08) 9440 0400 and ask to speak to the Parent Link Co-ordinator.

Details about Parent Link's parenting groups can be provided by the receptionist on the same number.

Mirrabooka (08) 9440 0400



CENTRECARE

"People Making Time for People"

about Centrecare

Centrecare is a not-for-profit organisation delivering quality professional counselling, support, mediation and training services.

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CENTRECARE

"People Making Time for People"

when

being a mum or dad is not always easy

a Centrecare service for parents with a child under six years of age



Certified System
Quality
ISO 9001
SAI GLOBAL

when... ...you don't have to be alone

Parents are the earliest and most important teachers in a child's life. The basic experiences of love, security and trust enable children to become capable and secure adults. Parenting young children can be rewarding and enjoyable. It can also be stressful. During these difficult stages parents may need support and encouragement to help them feel confident in their parenting skills.



Would you like to:

- set parenting goals;
- try new parenting skills;
- understand what to expect at different ages and stages of children's development;
- practise different ways of managing your child/ren;
- find out about other community services and resources in your area.

If you answer "yes" to any of the above questions, then this service may be of help to you.

Centrecare's Parent Link Service provides home visiting and parenting groups for people who want to find alternative ways of parenting when they are experiencing difficulties with their child/ren under six. Priority is given to parents who live in the north-eastern suburbs of Perth.

After making contact with Centrecare, the Parent Link Coordinator will visit you in your home to assess your suitability to the service and to gain an idea of how confident you feel in relation to parenting.

You will then be linked with a home visitor who will meet with you regularly in your home and support and help you to develop your skills, knowledge and confidence in parenting.

Home visitors are carefully selected people who are parents themselves. The volunteers receive intensive training and continue to receive ongoing training and supervision. Depending on the parent's needs, home visits take approximately 1-2 hours.

Parenting Groups

These groups enable parents to explore different ways of responding to parent issues.

Groups such as "Effective Parenting" and "The Early Years" (0-6) are provided during the year. The receptionist will be able to provide you further details about these groups.

Qik Chats

These customised 2-3 hour presentations on parenting are able to be provided to community groups and can be arranged by speaking to the Parent Link Coordinator.

This service is funded by the Department for Communities.

Is this service private and confidential?

Counselling is confidential and all counsellors are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy for Family and Child Counsellor. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled. If you wish to access the information on your file, please ask the receptionist for the necessary form.

Are the counsellors qualified?

All our counsellors are professionally qualified and meet the requirements of the Family Law Act. They receive ongoing professional development and supervision.

How do I provide feedback?

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Feedback form which is available at the reception desk.

Alternatively, you may also wish to write or speak to the Manager at your branch.

