

Building Resilience Group for Women



Centrecare
People making time for people



A free education & support group for women impacted by family violence

Key components of this group are:

- ✓ Safety
- ✓ Wellbeing support
- ✓ Information sharing



2026
Fridays
13 Feb - 24 Apr
10am - 12pm

Group runs
for 10 weeks

No groups on
Public Holidays

456 Hay St.
Perth

REGISTRATION IS ESSENTIAL

To register or for more information:



(08) 9325 6644

Crèche available upon request

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