

Understanding Today's Teenager



Centrecare

People making time for people

A seminar for parents and caregivers who want to improve their relationship with their teenagers

Adolescence is a time of great transition and challenge for young people and their families alike.

Conflict, communication difficulties and a lack of understanding may often occur. At such an important time it can be easy to lose confidence in the ability to parent successfully.

This group is designed to assist you:

- increase your understanding of adolescence;
- improve your relationship with your teenager; and
- learn new ways of communicating.



DETAILS

Tuesday 9 June 26
5.30pm - 7.30pm

Friday 12 June 26
10am - 12pm

Centrecare
12 Brewer Place, Mirrabooka

REGISTRATION IS ESSENTIAL

To register or for more information  **(08) 9440 0400**

Follow us on: Facebook, LinkedIn, Instagram and YouTube

www.centrecare.com.au

