

## **making contact**

For more information or to make an appointment, please contact Centrecare on one of the telephone numbers below. Day and evening appointments are available.

<b>Perth</b>	<b>(08) 9325 6644</b>
<b>Esperance</b>	<b>(08) 9083 2600</b>
<b>Joondalup</b>	<b>(08) 9300 7300</b>
<b>Kalgoorlie</b>	<b>(08) 9080 0333</b>
<b>Midland</b>	<b>(08) 9436 0600</b>
<b>Mirraboooka</b>	<b>(08) 9440 0400</b>



# Centrecare

People making time for people

## **about Centrecare**

Centrecare is a Catholic not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

### **Perth**

456 Hay Street, Perth WA 6000  
(08) 9325 6644  
enquiries@centrecare.com.au

### **Bunbury**

103 Clarke Street, Bunbury WA 6230  
(08) 9721 5177  
bunbury@centrecare.com.au

### **Cannington**

22 Pattie Street, Cannington WA 6107  
(08) 9451 1100  
cannington@centrecare.com.au

### **Esperance**

Upstairs  
22a/91 Dempster Street, Dutton Arcade, Esperance WA 6450  
(08) 9083 2600  
esperance@centrecare.com.au

### **Gosnells**

2302-2308 Albany Highway  
Gosnells WA 6110  
(08) 9498 9200  
gosnells@centrecare.com.au

### **Joondalup**

First floor  
85 Boas Avenue, Joondalup WA 6027  
(08) 9300 7300  
joondalup@centrecare.com.au

### **Kalgoorlie**

168 Egan Street, Kalgoorlie WA 6430  
(08) 9080 0333  
kalgoorlie@centrecare.com.au

### **Leonora**

60 Tower Street, Leonora WA 6438  
(08) 9037 6561  
kalgoorlie@centrecare.com.au

### **Midland**

45 Yelverton Drive, Midland WA 6056  
(08) 9436 0600  
midland@centrecare.com.au

### **Mirraboooka**

12 Brewer Place, Mirraboooka WA 6061  
(08) 9440 0400  
mirraboooka@centrecare.com.au

### **Victoria Square**

25 - 27 Victoria Square, Perth WA 6000  
(08) 9288 2233  
victoriasquare@centrecare.com.au



www.centrecare.com.au  
ABN 98 651 609 161

# when you are dealing with family separation

a Centrecare service to help  
people better manage their  
relationship or family problems



Family Law Counselling can help people with relationship difficulties better manage their personal or interpersonal issues associated with children and family during separation.



### **Some of these challenges can include:**

- relationship separation and divorce;
- considering what is in the best interests of your children;
- reaching agreement to living arrangements;
- co-parenting effectively;
- supporting parents to reach decisions that support the best outcomes for their children;
- managing the impact of family and domestic violence;
- finding alternatives to formal legal processes; and/or
- communicating effectively.

# when...

## ... you are experiencing family separation

**Centrecare's Family Law Counselling Services** aim to improve family relationships in the best interests of children by providing safe alternatives to formal legal processes for families who are separated, separating or in dispute.

Centrecare provides a range of services for individuals, couples and families.

### **Individual, couple or family counselling**

Counselling is a confidential way that individuals, couples and families can discuss any issues and concerns. Counsellors are trained to assist you with identifying options and making choices that are right for you.

### **Groups and workshops**

Centrecare offers a variety of workshops such as:

- dealing with stress and learning self care;
- effective parenting;
- building connections;
- developing assertiveness and self confidence;
- anger and conflict management in families;
- self-esteem;
- meaningful communication in relationships;
- dealing with challenges and change; and
- assertion skills.

### **How long is a counselling session?**

Counselling sessions run for approximately 50 minutes.

***This service is funded by the Department of Social Services.***

*The photographs used in this brochure are for illustrative purposes only; they do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.*

### **Culturally Appropriate Service**

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

### **Crèche Facilities**

Only available at the Perth office and bookings are essential.

### **Is this service private and confidential?**

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled. If you wish to access the information on your file, please ask the receptionist for the necessary form.

### **Are the staff qualified?**

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, supervision and meet the requirements of the Family Law Act.

### **How do I provide feedback?**

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Client Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

***Centrecare is an organisation that values children.***

