



making contact

For more information or to make an appointment, please contact Centrecare on the telephone number below. Day and evening appointments are available.

Midland (08) 9436 0600

about Centrecare

Centrecare is a Catholic not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

Perth

456 Hay Street, Perth WA 6000 (Head Office)
25 Victoria Square, Perth WA 6000
(08) 9325 6644
enquiries@centrecare.com.au

Bunbury

103 Clarke Street, Bunbury WA 6230
(08) 9721 5177
bunbury@centrecare.com.au

Cannington

22 Pattie Street, Cannington WA 6107
(08) 9451 1100
cannington@centrecare.com.au

Esperance

Upstairs
22a/91 Dempster Street, Dutton Arcade, Esperance WA 6450
(08) 9083 2600
esperance@centrecare.com.au

Gosnells

2302-2308 Albany Highway
Gosnells WA 6110
(08) 9498 9200
gosnells@centrecare.com.au

Joondalup

First floor
85 Boas Avenue, Joondalup WA 6027
(08) 9300 7300
joondalup@centrecare.com.au

Kalgoorlie

168 Egan Street, Kalgoorlie WA 6430
(08) 9080 0333
kalgoorlie@centrecare.com.au

Leonora

60 Tower Street, Leonora WA 6438
(08) 9037 6561
kalgoorlie@centrecare.com.au

Midland

45 Yelverton Drive, Midland WA 6056
(08) 9436 0600
midland@centrecare.com.au

Mirrabooka

12 Brewer Place, Mirrabooka WA 6061
(08) 9440 0400
mirrabooka@centrecare.com.au

www.centrecare.com.au
ABN 98 651 609 161



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when

**you want to support
your child to heal from
the impacts of family
and domestic violence**

**a Centrecare service for
children from birth to 12 years old.**



Would your child benefit from support in any of the below areas?

- Anxiety;
- Depression;
- Trauma;
- Separation/divorce;
- Grief;
- Friendships and bullying;
- Self-esteem and confidence;
- Improving attachment; and/or
- Resilience building?



Parents/Caregivers

Do you:

- feel overwhelmed with your child/ren's behaviour and actions;
- wish you could understand your children better;
- find it difficult to maintain a home;
- always moving house and worried about the impact on your children;
- get concerned about your children skipping school;
- always change schools because of your housing difficulties;
- have problems with your child/ren such as eating and sleeping problems, handling temper tantrums, schooling problems, getting along with others;
- think that your child/ren is/are unhappy about something in their life; and/or
- feel like talking to someone about it and want to get support for your child/ren?

If you answer "yes" to any of the above questions, then this service may be of help to you.

when...

...your child wants someone to talk to

Centrecare's **Brighter Pathways** service is a confidential counselling and support service for birth to 12 year olds who have experienced, or have been impacted by family and domestic violence, and are currently residing in the City of Swan area.

The Brighter Pathways service encourages children and their families to reach their full potential and can help them feel confident, happy and safe. This service can be provided in the community, your child's school, or a private place which is a comfortable place to talk.

This service provides:

- one-on-one counselling for children;
- play therapy;
- rebuilding secure attachment;
- joint sessions with parents/caregivers;
- psychoeducation for parents;
- linking families into community support services; and
- occasional groups and workshops.

How long is a counselling session?

Counselling sessions run for approximately 50 minutes

This service is funded by the Department of Communities - Child Protection

The photographs used in this brochure are for illustrative purposes only; they do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.



Culturally Appropriate Service

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

Crèche Facilities

Only available at the Perth office and bookings are essential.

Is this service private and confidential?

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled. If you wish to access the information on your file, please ask the receptionist for the necessary form.

Are the staff qualified?

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, supervision and meet the requirements of the Family Law Act.

How do I provide feedback?

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Client Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

Centrecare is an organisation that values children.