

**The Bunbury Counselling and Family Support Referral Form**

Please complete this form and return to the Centrecare Bunbury office by post to PO Box 34 Bunbury, 6230 or email: southwest@centrecare.com.au

**Parent/Caregiver**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Tel \_\_\_\_\_  
 Mobile \_\_\_\_\_  
 P/Code \_\_\_\_\_

**Parent/Caregiver**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Tel \_\_\_\_\_  
 Mobile \_\_\_\_\_  
 P/Code \_\_\_\_\_

**Children**

Name	Age

Date of Referral \_\_\_\_\_

Name of person and/or agency making referral \_\_\_\_\_

Reason for Referral \_\_\_\_\_

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Please attach any other relevant documents

The Bunbury Counselling and Family Support Service is funded by the Department for Child Protection and Family Support

**about Centrecare**

Centrecare is a Catholic not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

**Perth**

456 Hay Street, Perth WA 6000  
 (08) 9325 6644  
 enquiries@centrecare.com.au

**Bunbury**

103 Clarke Street, Bunbury WA 6230  
 (08) 9721 5177  
 bunbury@centrecare.com.au

**Cannington**

22 Pattie Street, Cannington WA 6107  
 (08) 9451 1100  
 cannington@centrecare.com.au

**Esperance**

52 The Esplanade, Esperance WA 6450  
 (08) 9083 2600  
 esperance@centrecare.com.au

**Gosnells**

2302-2308 Albany Highway  
 Gosnells WA 6110  
 (08) 9498 9200  
 gosnells@centrecare.com.au

**Joondalup**

First floor  
 85 Boas Avenue, Joondalup WA 6027  
 (08) 9300 7300  
 joondalup@centrecare.com.au

**Kalgoorlie**

168 Egan Street, Kalgoorlie WA 6430  
 (08) 9080 0333  
 kalgoorlie@centrecare.com.au

**Leonora**

18 Tower Street, Leonora WA 6438  
 (08) 9037 6561  
 kalgoorlie@centrecare.com.au

**Midland and Djooraminda**

45 Yelverton Drive, Midland WA 6056  
 (08) 9436 0600  
 midland@centrecare.com.au  
 djooraminda@centrecare.com.au

**Mirrabooka**

12 Brewer Place, Mirrabooka WA 6061  
 (08) 9440 0400  
 mirrabooka@centrecare.com.au

**Victoria Square**

25 - 27 Victoria Square, Perth WA 6000  
 (08) 9288 2233  
 victoriasquare@centrecare.com.au



www.centrecare.com.au  
 ABN 98 651 609 161

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# when

**you want to enhance  
 the wellbeing of your  
 children and family**

a Centrecare outreach service  
 providing counselling and family  
 support for families in Bunbury



Bunbury Counselling and Family Support Service provides counselling, support and case management to individuals and parents whose children are identified as 'at risk' and who require individual support to develop or increase their parenting skills. We focus on the needs and strengths of parents and use a positive approach to strengthen the parent/child relationship and reduce challenges and risks experienced by families.



Parents and the family are the earliest and most important teachers in a child's life. The basic experiences of love, security and trust enable children to become capable and secure adults.

Parenting children can be rewarding and enjoyable but it can also be stressful. During these difficult stages, parents may need support and encouragement to help them feel confident in their parenting skills and to enhance the wellbeing of children and the family.

### Are you:

- feeling pressure to be a better parent;
- overwhelmed with the responsibilities of children and family;
- wishing you could understand your child/ren better;
- having problems with your child/ren such as eating and sleeping problems, handling temper tantrums,
- concerned about your child's engagement or progress at school
- worried your child/ren is/are unhappy about something in their life;
- in need of support to create a safe environment for your children and family;
- looking for ways to build your family's capacity to cope with life challenges; and/or
- wanting to talk to someone about it and want to get support for your child/ren?

If you answer "yes" to any of the above questions, then this service may be of help to you.

### making contact

For more information or to make an appointment, telephone Centrecare on the phone number below.

**Bunbury (08) 9721 5177**

## when...

**...you and your children want someone to talk to**

The Centrecare **Bunbury Counselling and Support Service** (outreach) is designed to provide you and your family with counselling, support, information, connection to other services and to assist you to build on your strengths as a parent/family. We will also assist you to develop your knowledge, skills and confidence to deal with life changes or crises as they occur.

The service provides:

- home visits;
- case management;
- enhancing parenting skills and knowledge;
- counselling for parents and caregivers;
- parenting support;
- assistance to identify and manage changes; and
- assistance with linking individuals and families into community support networks.

***This service is provided by Centrecare and funded by the State Government through the Department of Communities.***

Supported by



*The photos used in this brochure are for illustrative purposes only. They do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.*



### ***Culturally Appropriate Service***

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

### ***Crèche Facilities***

Only available at the Perth and Midland offices and bookings are essential.

### ***Is this service private and confidential?***

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled. If you wish to access the information on your file, please ask the receptionist for the necessary form.

### ***Are the staff qualified?***

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, and supervision.

### ***How do I provide feedback?***

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Client Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

***Centrecare is an organisation that values children.***