

## **making contact**

For more information please contact Centrecare on the telephone number below.

**Kalgoorlie (08) 9080 0333**

**Services are available in:**

**Kalgoorlie-Boulder**

**Coolgardie**

**Kambalda**



**CENTRECARE**

*"People Making Time for People"*

## **about Centrecare**

Centrecare is a Catholic not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

### **Perth**

456 Hay Street, Perth WA 6000  
(08) 9325 6644  
enquiries@centrecare.com.au

### **Bunbury**

103 Clarke Street, Bunbury WA 6230  
(08) 9721 5177  
bunbury@centrecare.com.au

### **Cannington**

22 Pattie Street, Cannington WA 6107  
(08) 9451 1100  
cannington@centrecare.com.au

### **Djooraminda**

45 Yelverton Drive, Midland WA 6056  
(08) 9436 0600  
djooraminda@centrecare.com.au

### **Esperance**

Suite 1 & 3 Radio House  
8-10 William Street, Esperance WA 6450  
(08) 9083 2600  
esperance@centrecare.com.au

### **Gosnells**

2302-2308 Albany Highway  
Gosnells WA 6110  
(08) 9498 9200  
gosnells@centrecare.com.au

### **Joondalup**

First Floor  
85 Boas Avenue, Joondalup WA 6027  
(08) 9300 7300  
joondalup@centrecare.com.au

### **Kalgoorlie**

168 Egan Street, Kalgoorlie WA 6430  
(08) 9080 0333  
kalgoorlie@centrecare.com.au

### **Midland**

45 Yelverton Drive, Midland WA 6056  
(08) 9436 0600  
midland@centrecare.com.au

### **Mirrabooka**

12 Brewer Place, Mirrabooka WA 6061  
(08) 9440 0400  
mirrabooka@centrecare.com.au

### **Victoria Square**

23-27 Victoria Square, Perth WA 6000  
(08) 9288 2233  
victoriasquare@centrecare.com.au



**CENTRECARE**

[www.centrecare.com.au](http://www.centrecare.com.au)  
ABN 98 651 609 161

# **when you want to make a positive change**

a Centrecare service to assist  
young people from 12 to 18 years  
through the transition of adolescence



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Adolescence is a time of great transition as youth begin to form their own identity and young people are often faced with difficult situations or decisions.

At such an important time, it can be easy to become overwhelmed by the challenges that you may face.

### Some of these challenges can include:

- feeling sad, alone, angry or like you don't belong;
- feeling like no-one listens, cares or understands;
- feeling bullied, abused or harassed;
- fighting with your parents or others around you;
- using drugs and/or alcohol;
- not going to school regularly or at all;
- getting into trouble with the law;
- being worried about being homeless;
- being worried about finding a job;
- having concerns about your future;
- wanting to become involved in sport or recreational activities;
- wanting better relationships with others; and/or
- wanting to get your life back on track.

If you are experiencing any of the above, then this service may be of help to you.



# when...

## ...you want things to be different now and in the future

**Centrecare's Goldfields Youth Support Services** aims to develop your social skills and enhance life skills and self-esteem. This is achieved through a range of early intervention and recreational activities delivered on a one-on-one basis and via group settings. With increased resiliency you will be better placed to cope with and manage adverse situations in your life, consequently making a positive change for yourself.

A youth worker can visit you in your home, school, community or somewhere of your choice, to talk and help you sort things out.

The youth worker can also:

- provide meaningful activities that engage young people and their families;
- provide informal counselling and mentoring through role modelling;
- strengthen the relationships of young people and their families;
- encourage family responsibility, ownership and involvement;
- develop young people's pro-social skills, recreational skills and self-esteem;
- encourage inclusivity; and
- promote connection to the community.

This is a FREE service.

***This service is funded by the  
Department for Child Protection and Family Support.***



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The photographs used in this brochure are for illustrative purposes only; they do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.

### **Culturally Appropriate Service**

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

### **Crèche Facilities**

Only available at the Perth office and bookings are essential.

### **Is this service private and confidential?**

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled.

If you wish to access the information on your file, please ask the receptionist for the necessary form.

### **Are the staff qualified?**

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, supervision and meet the requirements of the Family Law Act.

### **How do I provide feedback?**

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

