

when you are dealing with family separation

a Centrecare service to help
people better manage their
relationship or family problems



about Centrecare

Centrecare is a Catholic not-for-profit organisation which aims to strengthen people and communities through the provision of professional social services, inspired by compassion and recognition for human dignity.

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Mirrabooka

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CENTRECARE
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ABN 98 651 609 161



CENTRECARE
"People Making Time for People"

making contact

For more information or to make an appointment, please contact Centrecare on one of the telephone numbers below. Day and evening appointments are available.

Perth	(08) 9325 6644
Esperance	(08) 9083 2600
Joondalup	(08) 9300 7300
Kalgoorlie	(08) 9080 0333
Midland	(08) 9436 0600
Mirrabooka	(08) 9440 0400



CENTRECARE
"People Making Time for People"



Family Law Counselling can help people with relationship difficulties better manage their personal or interpersonal issues associated with children and family during separation.



Some of these challenges can include:

- relationship separation and divorce;
- considering what is in the best interests of your children;
- reaching agreement to living arrangements;
- co-parenting effectively;
- supporting parents to reach decisions that support the best outcomes for their children;
- managing the impact of family and domestic violence;
- finding alternatives to formal legal processes; and/or
- communicating effectively.

when...

...you are experiencing family separation

Centrecare's Family Law Counselling Services aim to improve family relationships in the best interests of children by providing safe alternatives to formal legal processes for families who are separated, separating or in dispute.

Centrecare provides a range of services for individuals, couples and families.

Individual, couple or family counselling

Counselling is a confidential way that individuals, couples and families can discuss any issues and concerns. Counsellors are trained to assist you with identifying options and making choices that are right for you.

Groups and workshops

Centrecare offers a variety of workshops such as:

- dealing with stress and learning self care;
- effective parenting;
- building connections;
- developing assertiveness and self confidence;
- anger and conflict management in families;
- self-esteem;
- meaningful communication in relationships;
- dealing with challenges and change; and
- assertion skills.

How long is a counselling session?

Counselling sessions run for approximately 50 minutes.

This service is funded by the Department of Social Services.

The photographs used in this brochure are for illustrative purposes only; they do not imply any particular attitudes, behaviours, or actions on the part of any person who appears in the photographs.

Culturally Appropriate Service

Centrecare aims to provide a respectful and culturally sensitive service and interpreters are available on request.

Crèche Facilities

Only available at the Perth office and bookings are essential.

Is this service private and confidential?

Our services are confidential and all our staff are bound by our Commitment to Confidentiality and Oath or Affirmation of Secrecy, for Family and Child Counsellors. However, confidentiality will be waived where there may be a threat to an individual's safety or if a serious crime or threat against another person is disclosed.

Centrecare is committed to ensuring that your information is protected and managed in accordance with the Privacy Act 1988 which sets out the standards for the way in which personal information must be handled.

If you wish to access the information on your file, please ask the receptionist for the necessary form.

Are the staff qualified?

All our staff interacting with clients are qualified for their job role. They receive ongoing professional development, supervision and meet the requirements of the Family Law Act.

How do I provide feedback?

Centrecare prides itself on providing high quality services. Your comments assist us in maintaining or improving that level of quality and fully meeting the needs of our clients. Recording your feedback is one of the best ways to help us understand what we do well and where we can improve.

If you have a suggestion, compliment or complaint, please complete the Feedback form which is available at reception and place it in the Suggestions Box.

Alternatively, you may also wish to write or speak to the Manager at your branch.

