

Building Resilience Group for Women

FREE

A two hour - 12 week education and support group for women experiencing family violence or who are at risk of being unsafe in the family environment.

Key components of this group are safety, wellbeing, support and information sharing.



Quality
ISO 9001
SAI GLOBAL

Groups are held at Centrecare, 456 Hay Street, Perth every Wednesday.

- **Wednesday evenings from 5.30pm – 7.30pm**

Please refer to the back of the flyer for commencement dates



CENTRE CARE
"People Making Time for People"

Registration is essential and free child care is available upon request.

To book for an assessment or for further information, please contact the Client Liaison Officers at Centrecare Perth on 9325 6644.

www.centrecare.com.au

Centrecare Building Resilience – Group for Women 2019 Calendar

| Wednesdays; 5:30-7:30pm | |
|--------------------------|--------------|
| Term 1 Commence | 6 February |
| Last Day | 10 April |
| Term 2 Commence | 1 May |
| Last Day | 3 July |
| Term 3 Commence | 24 July |
| Last Day | 25 September |
| Term 4 Commence | 16 October |
| Last Day | 18 December |
| 2020 Commencement | 5 Feb 2020 |