

Coping with Mental Health Wellness and Caregivers

Free Activities! Transport provided!



Monday

Community Social Inclusion Program

Venue: Men's Shed

Time: 09:30am - 2:30pm weekly



Thursday

Life Skills Workshop

Venue: 118 Egan St, Kalgoorlie

Church of Jesus Christ
of Latter-Day Saints

Time: 09:30am - 2:30pm weekly

Bring a plate to Share for Lunch



Friday

Social Wellbeing Program

Venue: Oasis

Time: 09:30am - 12.30pm weekly



*For more information contact: Garry, Alison or Victoria
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www.centrecare.com.au

