

The Expert Within

Four Week Parenting Program
Free Workshop



The Expert Within is a **FREE** workshop developed by Centrecare
This program will help you:

- Learn more about child development
- Identify your parenting style
- Develop behaviour management plans
- Strategise to guide your child's behaviour
- Learn how to keep your stress in check
- Self-care

Where: Centrecare, 168 Egan Street, Kalgoorlie

Time: 9.30 – 11.30am

When: Commencing Thursday 7 March, 2019
and is held every Thursday, same time for four (4) weeks.

Registration is essential

Please call contact Centrecare on:

Email kalgoorlie@centrecare.com.au or (08) 9080 0333

